

8 October 2018

The Gym Group Plc
("the Company")

Director Declaration

In accordance with Listing Rule 9.6.14(2), the Company announces that its Chairwoman, Penny Hughes, is the non-executive chair of Aston Martin Lagonda Global Holdings plc, following its admission to the London Stock Exchange on 8 October 2018.

Enquiries

The Gym Group
Richard Darwin, CEO

via Instinctif

Numis
Oliver Cardigan
Toby Adcock

020 7260 1000

Peel Hunt
Dan Webster
George Sellar

0207 418 8900

Instinctif
Matthew Smallwood
Justine Warren

0207 457 2020

This information is provided by RNS, the news service of the London Stock Exchange. RNS is approved by the Financial Conduct Authority to act as a Primary Information Provider in the United Kingdom. Terms and conditions relating to the use and distribution of this information may apply. For further information, please contact ms@lseg.com or visit www.ms.com.

END

RDNDMMGGKRLGRZM