

9 November 2018

THE GYM GROUP PLC ("THE COMPANY")

Notification of Transactions by Persons Discharging Managerial Responsibilities ("PDMRs") and Connected Persons

1.	Details of PDMR / person closely associated with them ("PCA")		
a)	Name	Jonathan Spaven	
2.	Reason for the notification		
a)	Position / status	PDMR, Property Director	
b)	Initial notification / amendment	Initial Notification	
3.	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	The Gym Group plc	
b)	LEI	213800VCU9TBANZIN455	
4.	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument	Ordinary Shares of 0.01 pence each ISIN: GB00BZBX0P70	
b)	Nature of the transaction	Sale of Shares	
c)	Price(s) and volume(s)	Price(s)	Volume(s)
		£3.30	356,535
d)	Aggregated information		

	Aggregated volume Price	N/A
e)	Date of the transaction	09/11/2018 (London)
f)	Place of the transaction	London Stock Exchange XLON

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