

FOR IMMEDIATE RELEASE

29 October 2019

ROCKROSE ENERGY PLC

("RockRose")

Tain Field Update

RockRose Energy plc (LSE: RRE) (the "Company"), the independent oil and gas company, notes this morning's announcement made by i3 Energy (AIM: I3E) and will be working to understand fully its implications for the Tain development project in which RockRose has a 50% interest, including the possible impact on potentially recoverable volumes.

Further announcements will be made in due course.

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